

Canyoning in Sundarijal

Duration: 01 Days



Overview

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| Trip Grade: Moderate | Max Altitude: 1400m |
| Activity: Canyoning, Hiking | Group Size: Min. 02 Pax |
| Arrival On: Kathmandu, Nepal | Departure From: Kathmandu, Nepal |
| Meals: All meals during trek & breakfast in kathmandu | Accommodation: Stone Built Houses (tea houses) during trek |

Canyoning is an adventurous sports that involves traveling down creeks or streams within a canyon by a variety of means including hiking, scrambling, wading, boulder hopping, rock climbing, abseiling and rappelling using safety techniques. Canyoning is comprehensive package for experiencing adventure that requires technical skills of stream navigation, rope and canyoning gears work and preparedness for risk minimization. Your safety depends on your judgment based on competent instruction, experience and a realistic assessment of abilities and understanding of current canyon conditions. Abseil canyoning activity is becoming increasingly popular in the world and many young/small rivers of Nepal are ideal for canyoning. Among many places of Canyoning in Nepal, **Sundarijal** is a short and easier one for you if you want to spend very short time there just close to the center area of Kathmandu city.

Itinerary

07:00 AM – To get ready for heading to Sundarijal which takes an hour drive from center Kathmandu.

08:00 AM – Reach at Sundarijal

08:20 AM – Breakfast Time

09:00 AM – Preparation for Canyoning

10:00 AM – Start Hiking

11:00 AM – Start Canyoning in 4 falls

04:00 PM – Reach at the base camp of Sundarijal

04:30 PM – Lunch Time

05:15 PM – Departure to Kathmandu

06:15 PM – Arrival to Kathmandu

#Departure time: 06:45 am from by normal tourist bus station at Sorakhutte near Thamel and drive to Sundarijal (on the way to Chisapani trek).



Cost Includes

All Canyoning gears, Transportation before and after trip from Kathmandu, Lunch, drinks & Guides.

Cost Excludes

Personal expenses such as alcoholic beverages, bottled drinks (including cold drinks and mineral water), tips, gifts, souvenirs, any other extra things etc.

