

Kaldhara Marga, Thamel, Kathmandu, Nepal

www.himalayanholylandtreks.com

Chepang Hill Trek

Duration: 9 Days



Overview

Trip Grade: Easy	Max Altitude: 1945M
Activity: Trekking	Group Size: Min 02 pax
Arrival On: Kathmandu, Nepal	Departure From: Kathmandu, Nepal
Meals: All meals during trek & breakfast in kathmandu	Accommodation: Stone Built Houses (tea houses) during trek

Chepang Hill Trek is another new open and unique experience trek that can be completed within 9 days. Being located in an off the beaten path trail, trekkers can enjoy their trekking adventure in a non-crowded trek trail which is mostly missed out by trekkers. Striking landscapes, a unique experience of Chepang Peoples and their culture, tourist-friendly local people and the homemade local dishes make traveling in this isolated region a very remarkable experience for many trekkers. Beginning with a guided sightseeing city tour, we are going to take a detour around all the popular touristic attractions of the Kathmandu valley which include the conspicuous UNESCO World Heritage Sites. Among them, the ancient Swoyambhunath Stupa (The Monkey Temple), Boudhanath Stupa, Hindu shrine of Pashupatinath Temple and the enriching Kathmandu Durbar Square are the noteworthy sites. As we finish relishing the utter joy of visiting these sites, we shall take a drive from Kathmandu to Hugdikhola village which is the starting point of our trek. This peculiar village is just 310 meters above sea level and has an abundant amount of village life to explore and trek up to Jayapura Village. Here onward, trekkers have a chance to witness the local ways of milking the buffaloes. Moving onward, we head to our next destination called Hatti Bang (Elephant Stone in Chepang language). To reach Hatti Bang, we are required to hike up from Jayapuri village that can take us about 4-5 hours. After arriving at Hatti Bang, travelers can observe the Annapurna ranges if the clouds don't cover up the skyline. As scheduled, we move towards Jyangdala village by following a humid terrain full of forested hill areas which create a pleasing atmosphere for trekkers walking through them. Additionally, foreign trekkers can taste the hand cooked Nepalese cuisines which are the iconic highlight of this entire trek. Sights of Himalayan mountains like Mt. Dhaulagiri, Mt. Manaslu and even the magnificent Annapurna range can be observed from here. Lastly, we now are in our final phase of the trek hence we make a beeline towards Upper Dhangadi and Shaktikhor. And ultimately end our trek by taking a drive back to Kathmandu from Shaktikhor. Altitude is not going to be a major issue for trekkers who decide to travel in these off the beaten path trails as there are no high places en-route. Generally, trekkers are recommended the spring and autumn seasons as the best season to for



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Chepang Hill Trek. Contact, **Himalayan Holyland Treks and ExpeditionÂ** today to join this amazing trek in the hilly areas of southern Nepal with our expert trekking staffs.

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Itinerary

Day 01: Arrival in Kathmandu airport (1345meters)

Arrive in Kathmandu (1334m), Himalayan Holyland Treks & expeditions' airport representative transfer to hotel, trekking briefing with officially arrangements. Overnight at hotel in Kathmandu.

Day 02: City guided tour in Kathmandu valley.

Day 03: Drive from Kathmandu to Hugdi and trek to Jayapuri.

Day 04: Trek from Jayapuri to Hatti Bang

Day 05: Trek to Jyandala

Day 06: Trek to Upper Dhangadi.

The portion of the trail we cover today is very interesting as we go up and down time and again and the dense forest with more than 300 species of birds makes it more interesting. Besides the large number of birds different species of wild animals are also seen in this area but during day time encounter with the wild animals is very rare. By the end of the day you will have walked almost 6 hours and start feeling tired. Overnight at community home stay.

Day 07: Trek to Shaktikhor.

Today is the last day of your trek. We will walk down to about 300 meters and the walk is about 5 and a half hours. After we reach Shaktikhor we will visit the Chepang Museum, waterfall and caves. You can also visit the camp of the Maoist guerrillas. In the evening we will organize a Chepang cultural program for you.

Day 08: Drive to Kathmandu.

Drive back to Kathmandu from Shaktikhor or you can extend your trip to Chitwan national park for an added experience.

Day 09: Final Departure day.

Transfer to airport by our representative for your onward destination.



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Cost Includes

- => Airport pickup and drop in a private vehicle.
- => Hotel accommodation in Kathmandu in B/B basis.
- => Tea house accommodation during the trek.
- => Hot soup with dinner in the high/cold places.
- => Three times meal and tea in the trek.
- => Farewell dinner in Kathmandu.
- => All the transportation as per the itinerary.
- => A professional guide for trek and sightseeing.
- => Porter service(2 trekkers : 1 porter).
- => Insurance for guide and porters.
- => Food and accommodation for guide and porters.
- => All necessary documents(Permits and TIMS).
- => All government and local taxes.
- => Medical Kits.
- => Trekking map as itinerary.
- => T-shirt from the company.
- => Trip completion certificate.

Cost Excludes

- => Visa for Nepal.
- => International flight to and from Kathmandu.
- => Lunch and dinner in Kathmandu.
- => Travel and rescue insurance of clients.
- => Personal expenses: Hot shower, mineral water, battery charge, bar bills & laundry.
- => Extra night accommodation in Kathmandu and in exception of itinerary.
- => Tips for guide and porters.



