Ganesh Himal Cultural Trek

Duration: 07 Days



Overview

Trip Grade: Moderate	**Max Altitude: 3,271m.**
Activity: Trekking	**Group Size: 02-12 People**
Arrival On: Kathmandu, Nepal	**Departure From: Kathmandu, Nepal**
Meals: All meals during trek & breakfast in kathmandu	**Accommodation: Stone Built Houses (tea houses) during trek**

â€œWhere ever you go, no matter what the weather, always bring your own sunshine.â€• Join our **Ganesh Himal Cultural**Â **Trek** today to explore the hidden valleys of the Himalayas. Go through exotic looking landscape in the north-west region of Nepal and make a visit to some of the iconic Nepalese villages where you can enhance your cultural knowledge. Covered with lush green hills and home to many diverse wildlife, our trek is truly a one of a kind trek that is highly suitable for trekkers with less time to visit Nepal. Discover the enchanting Ganesh Himal region where the revered mountain stature of Mt. Ganesh (7,406m) is situated close to the northern Tibet border. Named after the Hindu God, this magnificent mountain is amongst the few mountain ranges which can be seen even from Kathmandu city on crystal clear day. Our scenic trek commences with a drive away from the crowded traffic areas of Kathmandu city to the northwest Syabrubesi village. From here we are to ascend more and reach Parvati Kund& Yuri Kharka via Gatlang village. Gatlang village is a popular village which is mostly inhabited by Tamang people and is listed on the Tamang Heritage Trail (THT) trek. Making our way deeper into this phenomenal trekking region, we now have to cross the formidable Pangsang Pass which sits comfortably at the high altitude of 3,842 meters above sea level. Afterward we arrive at another beautiful village called Tipling. From here we shall begin with our descent all the way down to DarkhaGaun by passing through Borang village. Offering unforgettable mountain vistas throughout the trek, later we shall head toward DarkhaPhedi and further to DhadingBesi for a drive back to the capital city of Kathmandu where we are to end our trek. Trekkers can expect to see stunning panoramic views of mountains including Ganesh Himal V & II, Langtang Li Rung and several others. As our trek doesnâ€™t go at very high places, it doesnâ€™t particularly require trekkers to possess high amount of physical fitness level so any one with a normal physical & mental capability can easily be a part of this trek. We do however recommend spring and autumn seasons as the most favorable time of the

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year for this trek. Contact, **Himalayan Holyland Treks & Expedition**Â and experience this surreal trek with our expert trekking staffs.

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Itinerary

After breakfast drive to Syabrubensi (1462m) by jeep, 7 hrs.

Shyabrubesi to Gatlang 2337m/7690ft-about 5 hrs.

Gatlang to Parvati Kund, Yurikharka (lunch) to Somdang 3271m/10760Ft. 6-7 hrs

Somdang – Pangsang Pass (3842 m) – Tipling 2078m/6835Ft. 6-7 hrs

Tipling â€“ Shertung/Chalishe â€“ Borang Village 1700m/5610Ft. 5- 6 hrs

Borang – Percho (lunch) to Darkhagaun 850m/2805Ft 7-8 hrs.

Darkhagaun â€“ Darkhaphedi – Dhadingbesi â€“ Kathmandu 1310m /4323ft 6-7hrs drive.

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Cost Includes

=> Airport pickup and drop in a private vehicle.
=> Hotel accommodation in Kathmandu in B/B basis.
=> Tea house accommodation during the trek.
=> Hot soup in the high places.
=> Three times meal in the trek.
=> Farewell dinner in Kathmandu.
=> All the transportation as per the itinerary.
=> A professional guide for trek and sightseeing.
=> Porter service(2 trekkers: 1 porter).
=> Insurance for guide and porters.
=> Food and accommodation for guide and porters.
=> All necessary documents(Permits and TIMS).
=> All government and local taxes.
=> Medical kit.
=> Trekking map as itineraryÂ and T-shirt from the company.

Cost Excludes

=> Visa for Nepal.
=> International flight to and from Kathmandu.
=> Lunch and dinner in Kathmandu.
=> Travel and rescue insurance of clients.
=> Personal expenses: shower and battery charge during trek and bar bills, laundry.
=> Extra night accommodation in Kathmandu and in exception of itinerary.
=> Tips for guide and porters.