

## Ganesh Himal-Ruby Valley Trek

Duration: 07 Days



### Overview

<b>Trip Grade: Moderate</b>	<b>Max Altitude: 3,271m</b>
<b>Activity: Trekking</b>	<b>Group Size: Min 02 pax</b>
<b>Arrival On: Kathmandu, Nepal</b>	<b>Departure From: Kathmandu, Nepal</b>
<b>Meals: All meals during trek &amp; breakfast in kathmandu</b>	<b>Accommodation: Stone Built Houses (tea houses) during trek</b>

Dhading, Gorkha, Rasuwaa and Nuwakot districts are at the geographical center of Nepal and lie at the heart of the nation's history. It is from these hills that Gorkha hillsmen, led by Prithvi Narayan Shah, set out to unite Nepal in the late 1700s Century. Since then, Gorkha soldiers have received international fame for their bravery skill as warriors. Although near to both Kathmandu and Pokhara, the **Ganesh Himal Region** has remained a well-kept secret to all but Nepal's most avid trekkers. The unexplored area is concealed between the popular destinations of **Langtang National Park** and the **Mansaslu Conservation Area Project**. Wildflowers flourish, and waterfalls embellish the lush hill scenery in a land blessed with wide-ranging geographical, cultural and biological diversity. Sensational viewpoints feature the sublime Himalaya to the north. Most prominent is the Ganesh Himal Range, a family of peaks among the most attractive of the entire Himalaya. The Ganesh massif is named in honor of Hindu deity Ganesha, son of Shiva and Parvati. Selected viewpoints in the area offer immense panoramas ! Most rewarding are the cultural attractions including magnificent Ganga Jamuna a twin waterfall, Kalo, Seto lakes and Ganesh kunda/lake, and Tripurasundari temples and especially the hospitable people that inhabit the region. The area is populated mainly by Tamang, Gurung( Ghale) and to the north, and Brahmin, Chhetri, Dalit, Newar and Chepang at the lower elevations in the south. Visitors are warmly welcomed by all with a friendliness that makes Nepal legendary. At least six separate trekking itineraries are recommended and await travelers promising unforgettable adventures. Government registered trekking agencies will be happy to set up visitors with a guide and all necessities for exploring this captivating, undiscovered region. The area is easily accessed by the Prithivi Highway as well as Pasang Lhamu highway along the southern fringes, connecting Kathmandu and Pokhara. Another adventurous option is to hike in from the Tamang Heritage Trail of Rasuwa and follow the Ruby Trek, so named for the precious stones harvested in the area. We will take you along this route with dramatic scenes of natural beauty, village scenery and cultural charm.

## Itinerary

**Day 01: Arrival at TIA, Kathmandu and transfer to hotel**

**Day 02: UNESCO heritage sites in Kathmandu Valley**

**Day 03: Drive to Syabru Bensi (1462m) by jeep, 7 hrs**

Drive from Kathmandu to Syabru Bensi which takes about seven hours by bus. You head north out of Kathmandu driving through scenic foothills passing Kakani village which is also the viewpoint of Langtang Range and Ganesh himal. While passing along the road at the bank of Trisuli River you catch a glimpse of Ganesh Himal, terraces and green hills. As you pass through Dhunche you feel as if you are heading towards deep land. The Langtang National Park starts from here and TIMS and permits are checked here. Overnight at guesthouse. B/L/D

**Day 04: Shyabru Besi to Gatlang 2337m/7690ft. 5- 6 hrs**

A dirt track zig-zags to the west up to Bahun Danda Pass and then down to the Tamang settlement of Gatlang, a cornerstone village on the Tamang Heritage Trail or hike to Gatlang by way of Chawatar. Gatlang is a Tamang village with unique customs and craftsmanship in a magnificent setting. Above this village lies Parvati Kund, popular during Janai Purnima when thousands of pilgrims are attracted to the sacred pond and nearby temple.

**Day 05: Gatlang to Parvati Kund ,Yuri Kharka (lunch) to Somdang 3271m/10760Ft. 6-7 hrs**

The trail ascends through pine and rhododendron forest to a lunch point of Yuri Kharka before continuing to Khurphu Bhanjyang and then dropping down to the Somdang River, border between Rasuwa and Dhading districts.

A sprawling mining compound, no longer functioning but it seems locals appealing government to revive it, lies a few hours to the north upriver. The hike passes through a scenic valley featuring the 200 m Chukarma Waterfall. The former mine leaves a lot to be explored and is the site of a 1.4 km tunnel bored into the mountain to extract zinc, copper, tin, crystal and even highly-prize rubies.

**Day 06: Somdang - Pangsang Pass (3842 m) - Tipling 2078m/6835Ft. 6-7 hrs**

Pangsang Kharka is a viewpoint southwest of Somdang village with a broad panorama of the surrounding terrain. To the north are the soaring peaks of Manaslu and the Ganesh Himal Range. The large meadow is graced with a giant entry gateway and is a sensational location for camping and taking in the breathtaking scenery. The whole Ganesh Himal region is blessed with abundant herbal plants. Previously, herbs were taken to Tibet along an ancient trade route and exchanged for salt, livestock, wool and turquoise.

Descend to Tipling, a large village that hosts two Buddhist Gompas (monastery). Along a ridge top to the east is a gomba and cremation ground for both Buddhists and Christians lined with colorful flags. Being a majority of Tamang people it has beautiful Tamang culture show. Tamang people have own rich culture to show for the visitors jhankri or shaman dance, ghode or horse dance, said to have been brought from Tibetan culture long ago. Jhankri (shaman) activity is robust in this territory with the worship of natural forces and indigenous local deities interwoven with Hindu and Buddhist practices. Mane dance, Mendo Maya, Paru dance and Ghode (horse) dance as well as Lama (monk) dance are quite popular.

**Day 07: Tipling to Shertung/Chalish to Borang Village 1700m/5610Ft. 5- 6 hrs**

Descend to cross the Adha Khola on a box bridge and ascend to the sister villages of Shertung and Chalish, overlooking the fertile river valley and abundant fields.

Shertung is inhabited mainly by Tamang. The name Shertung means 'place of gold'. According to a legend, two

brothers in search of gold were led here by a dream and thus the settlement was born. Tamang people have own rich culture to show for the visitors Jhankri or shaman dance, ghode or horse dance, said to have been brought from Tibetan culture long ago. Jhankri (shaman) activity is robust in this territory with the worship of natural forces and indigenous local deities interwoven with Hindu and Buddhist practices.

Chalish is inhabited primarily by Gurung, Ghale and Kami. There used to be Newar people but they migrated to Kathmandu city. The hospitable people of this area have unique customs and craftsmanship and traditional dances, including a hospitable welcome dance, Ghatu Dance, Dohori is also popular with call and response between male and female participants, a type of courtship ritual, complemented by folk music. Some dances depend on the time of year and take place during festivals including the Maruni Dance during Dasai and Tihar, Hai Nelo Dance of Tihar, and the Ghatu (Ghasiri Dance) that occurs during Chandi Purnima in the Nepali month of Chaitra. Gurung men traditionally wear vangra, a woven, embroidered cotton cloth tied at the ends that serves as a pouch for carrying goods. Sri Tinkanya Devi Mandir lies above Chalish. Local women tie bits of cloth or leave a bangle representing a wish to be fulfilled near a small pool of water surrounded by Barmase or periwinkle flowers. Have lunch in Shertung or in Chalish village and then trek continue to Boring. If you have lunch at Shertung village you trek to Borang via Ayui village whereas trekking via Chalish will be passing through Gobre gaon. Borang village also the Tamang community village and similar culture of Tipling and Shertung village will be found.

#### **Day 08: Borang - Percho (lunch) to Darkha Gaun 850m/2805Ft 7-8 hrs**

After breakfast trek all the down to Lishne khola (2 ½ hours walking) and trek continue to Percho where stop for lunch and trek continue to Darkha Gaon. Passing through suspension bridges, breath taking views of Ankhu khola and Chyamchyat as well as Ri village other side of the river finally reach at Darkha gaon. This village is mix culture village of Brahmin people and Tamang as well as Dalit.

#### **Day 09: Darkha Gaun – Darkha Phedi - Dhading Besi – Kathmandu 1310m /4323ft 6-7hrsdrive**

After breakfast trek all the way down to Darkha Phedi taking 45 minutes down hill walk and then take sharing local Jeep with other people and the arrive in Dhading Besi after 3-4 hours rough and tough zig zag road. Crossing through Ankhu Khola as well as Kimdang phedi villages as well as Katunje and Jyamrung village will make you fun driving having fabulous landscape surroundings. From Dhading change another bus and drive back to Kathmandu taking 3 hours Prithivi high way drive. after a short rest, we will have a farewell dinner with the office representative.

#### **Day 10: Departure**

## Cost Includes

- => Airport pickup and drop in a private vehicle
- => Hotel accommodation in Kathmandu in B/B basis
- => Tea house accommodation during the trek
- => Three times meal in the trek
- => Hot soup in the high places
- => Farewell dinner in Kathmandu
- => All the transportation as per the itinerary
- => A professional guide for trek and sightseeing
- => Porter service(2 trekkers: 1 porter)
- => Insurance for guide and porters
- => Food and accommodation for guide and porters
- => All necessary documents(Permits and TIMS)
- => All government and local taxes
- => Medical kit
- => Trip completion certificate
- => Trekking map as itinerary and
- => T-shirt from the company

## Cost Excludes

- => Visa for Nepal.
- => International flight to and from Kathmandu
- => Lunch and dinner in Kathmandu
- => Travel and rescue insurance of clients
- => Personal expenses: shower and battery charge during trek and bar bills, laundry, mineral water.
- => Extra night accommodation in Kathmandu in exception of itinerary
- => Tips for guide and porter