

## Ghale Gaun Trek

Duration: 10 Days



### Overview

<b>Trip Grade: Moderate</b>	<b>Max Altitude: 2,157m</b>
<b>Activity: Trekking</b>	<b>Group Size: 02-12 People</b>
<b>Arrival On: Kathmandu, Nepal</b>	<b>Departure From: Kathmandu, Nepal</b>
<b>Meals: All meals during trek &amp; breakfast in kathmandu</b>	<b>Accommodation: Stone Built Houses (tea houses) during trek</b>

**Ghale Gaun** Trek is a short yet popular trek that takes trekkers through densely forested trails filled with exotic wildlife and villages that are bound to bewilder the heart & minds of travelers. With pristine natural environmental and cultural highlights, this short trek offers a variety of opportunities to trekkers who wish to explore the off the beaten trek routes with little difficulty. Upon joining this trek, trekkers can even witness the stunning UNESCO World Heritage Sites that are the highlighted destination of our beloved Kathmandu city. After enjoying our sightseeing tour, we are going to drive west toward Beshisahar town. Then we begin our first trekking experience inside this astounding natural sanctuary where enchanting foothills, valleys, ridges, and forests create an amphitheater for travelers to gaze upon as they traverse through. Continuing forward from Beshisahar, we shall reach **Ghale Gaun** after a 4-hour long walk. Ghalegaun village is situated at a high altitude of 2,095 meters above sea level and is a very naturally blessed village of Nepal where numerous Gurung pilgrimage sites such as Samba Chhyoling Gompa are located. Following another beautiful trekking trail, we are now going to leave Ghalegaun behind and then make a beeline towards Ghanpokhara village (2,157m). All in all, it can take us about 1 hour to reach **Ghanapokhara** from Ghalegaun village which won't be much physically taxing for trekkers. Upon reaching Ghanpokhara, travelers can enjoy the scenic picturesque green hills along with the surrounding Himalayan massifs such as Mt. Annapurna and Mt. Manaslu. Relish the eccentric joy of staying in these ancestral traditional villages of Nepal where people still follow their old customs and norms with adds extra aesthetic feeling to ones stay in these villages. As we approach the ending phase of our trek, we now start descending down to **Khudi** village where a private vehicle will help us get transferred to Kathmandu city. Exceptional hill terrains and dramatic landscapes make this trek pleasurable for every individual traveler while allowing them ample time to capture every cultural essence of their travel days without any rush or hurry. This trek is perfect for those who have a limited amount of time and don't want to go for a long strenuous walk. Contact **Himalayan Holyland Treks & Expedition** today to be a part of our short **Ghale Gaun** trek and spend a couple of days with the welcoming ethnic people of western Nepal.

## Itinerary

### Day 01: Arrive in Kathmandu(1334m) and transfer to hotel.

Arrive in Kathmandu(1334m) Himalayan Holyland Treks & expeditions; airport representative transfer to hotel, Ghale Gaun trekking briefing with official arrangements. Overnight at hotel in Kathmandu.

### Day 02 : Ktm-Beshisahar-Khudi.

After breakfast, Drive by Bus to trail-head Beshisahar (760m) trek to Khudi (790m).

### Day 03: Khudi trek to Ghale Gaun village.

From Khudi trek to Ghalegaun walk gradually up way about 4 hours.

### Day 04: Ghale Gaun exploration day.

Ghale Gaun exploration day, During this day you can excursion around Ghale Gaun village. Most of the people of this place are Gurung ethnic.

### Day 05: Ghale Gaun to Baglungpani (1595m).

After breakfast, we start to walk Ghale Gaun to Baglungpani (1595m) village.

### Day 06: Baglungpani to Laxmi Bazar.

After breakfast from Baglungpani trek to Laxmi Bazar.

### Day 07: Laxmi Bazar to Begnas Lake-5 hrs.

Start Laxmi Bazar trek to Begnas Lake. This is the last day of trek.

À

### Day 08: Begnas lake to Pokhara(840m).

Begnas lake by private vehicle transfer to Pokhara and sightseeing around Pokhara valley. Overnight at hotel in Pokhara(840m).

### Day 09: Pokhara to Kathmandu.

After breakfast, by tourist bus or by a flight back to Kathmandu & farewell dinner.

### Day 10: Final departure day.

After breakfast, the trip ends, our Airport Representative will drop you to the Kathmandu international airport for your final flight



**Himalayan Holyland Treks & Expedition Pvt. Ltd.**

Kaldhara Marga, Thamel, Kathmandu, Nepal

[www.himalayanholylandtreks.com](http://www.himalayanholylandtreks.com)

departure from Nepal.



## Cost Includes

- => Airport pickup and drop in a private vehicle.
- => Hotel accommodation in Kathmandu in and Pokhara with B/B basis.
- => Tea house accommodation during the trek.
- => Hot soup with dinner in the high places.
- => Three times meal in the trek.
- => Farewell dinner in Kathmandu.
- => All the transportation as per the itinerary.
- => A professional guide for trek and sightseeing.
- => Porter service(2 trekkers : 1 porter).
- => Insurance for guide and porters.
- => Food and accommodation for guide and porters.
- => All necessary documents(Permits and TIMS).
- => All government and local taxes.
- => Medical kit.
- => Trekking map as itinerary.
- => T-shirt from the company.
- => Trip completion certificate

## Cost Excludes

- => Visa for Nepal.
- => International flight to and from Kathmandu.
- => Lunch and dinner in Kathmandu and Pokhara.
- => Travel and rescue insurance of clients.
- => Personal expenses: Hot shower, battery charge, bar bills, cold drinks and laundry service.
- => Extra night accommodation in Kathmandu and in exception of itinerary.
- => Tips for guide and porters.