

Kanchenjunga Trek

Duration: 24 Days



Overview

Trip Grade: Strenuous	Max Altitude: 5,160m
Activity: Trekking	Group Size: 02-12 People
Arrival On: Kathmandu, Nepal	Departure From: Kathmandu, Nepal
Meals: All meals during trek & breakfast in kathmandu	Accommodation: Stone Built Houses (tea houses) during trek

“Surely, of all the wonders of the world, the horizon is the greatest.” Go on a valid off the beaten path trek alongside stunning mountain vistas on our 24 days **Kanchenjunga Trek**. Going towards the segregated districts of eastern Nepal, you get the opportunity to stroll on an extremely grand mountain trail loaded with rhododendron timberland and witness tremendous social assorted qualities as you go passing a few nearby towns inside this wonderful locals. In conclusion, see the shimmering stars above you as you set down to rest and make a vital trip to Nepal amid your trek. Arranged at the stature of 8,586m, Mt. Kanchenjunga is the third most elevated mountain on the planet and is the second most elevated mountain in Nepal as it is only 300 meters shorter than Mt. Everest. The word Kanchenjunga actually signifies "Five Treasures of Snow" which means the Tibetan dialect as there are five summit tops inside and out in Kanchenjunga. A trek to see this extolling mountain takes you on an extremely burdensome excursion as it is profoundly secluded far from the advanced frameworks, for example, transportation. This makes making a trip toward the eastern districts of Nepal more troublesome as it is not broadly available, henceforth the person who sets out to visit this place can without much of a stretch see that there are less number of outside trekkers here if contrasted with other well-known trekking areas of Nepal like [Annapurna](#) and Everest locales. Thus alone, it is regularly believed that the Kanchenjunga Trek is one of the best off the beaten treks done in Nepal. At first, we take off to Suketar airport and then make a beeline for Lalikharka and Khesewa villages. Afterward, we ascent furthermore to reach Cheram village via Yamphudin & Tortong where we are to acclimatize. The following day we shall explore around Ramche and visit the Yalung Base Camp (4500m). Continuing on with our trek, we also visit the Kanchenjunga Base Camp on our sixteenth day of the trek. Later on, we start descending down to Suketar via Pangpema to Lhonak and Phurumbu villages for a flight back to Kathmandu. Trekkers with a better than expected physical wellness and legitimate

well-being conditions to adapt to high altitude can be a piece of this trek. Furthermore, the regular months of April to May and September to November are considered as the finest time for a trek to Kanchenjunga area of Nepal. Need to experience this other common trek to see the excellent statue of Mt. Kanchenjunga, then contact, **Himalayan Holyland Treks & Expedition** at this moment and join this trek with our professional trekking staff of personnel's.



Itinerary

Day 01: Arrive at Tribhuvan International Airport (TIA) Kathmandu(1350m)

You are welcomed by our team staff members and then transferred to the booked hotel. After a refreshment break, our representative will briefly explain the program. Overnight at hotel at B/B basis program.

Day 02: Kathmandu Valley full day Sightseeing and trek preparation day

This is a day for sightseeing world heritage sites in the Kathmandu Valley including, Kathmandu Darbar Square, Swoyambhunath Temple/Chaitya and Patan durbar square. Overnight at the hotel at same program.B/B

Day 03: Fly from Kathmandu to Suketar (2,420m/7938ft), trek to Lalikharka (2265m/7,431ft)

From Kathmandu we get an early morning flight to Suketar which is located in the eastern region of Nepal. It is a simultaneous ascent and descent on a trail that mostly passes through lush green forests all the way to Lalikharka.

Day 04: Lalikharka to Khesewa (2120m/6,955ft)

We begin our trek to Khesewa after breakfast. It is mostly an easy descent until Phundra. From here we begin our ascent. It is a steep climb until Yangpang from where we climb steadily up until Phumphe Danda followed by another ascent to Khesewa. Our trek will be through forests and small villages. Overnight in Khesewa.

Day 05: Khesewa to Mamankhe (1785m/5,856ft)

After breakfast we begin our trek towards the Kabeli Khola. Next, we walk on a trail that passes through forests before crossing a small stream. On the way, we enjoy amazing views of the Himalayan peaks while also passing through several beautiful small villages. Overnight in Mamankhe.

Day 06: Mamankhe to Yamphudin (2080m/6824ft)

Today's trek will be mostly uphill on an easy trail whereby we mostly walk alongside the Kabeli Khola. During the walk we also admire the beautiful ridge behind the stream. We continue our walk and admire a beautiful waterfall nearby. After walking for some time, we cross a small suspension bridge. We pass through small settlements before reaching Yamphudin to spend the night.

Day 07: Yamphudin to Tortong village

We begin our walk on a path commonly used by the villagers and pass through terraced farms and green meadows. Along the way, we have the constant company of the Himalayas to enjoy. Our walk will be on a trail along the Amji Khola. We also cross a pass at Lassiya Bhanjyang before reaching Tortong. Overnight in Tortong.

Day 08: Tortong to Cheram (3,870m/12,696ft)

We begin our steady climb to Cheram after breakfast. Our trail is right at the side of the Simbuwa Khola. We enjoy walking on the beautiful Lalung valley and have Tuplung peak for company for the most part of today's journey. We pass through thick rhododendron forest and enjoy the magnificence of the Yalung Glacier. Overnight in Cheram.

Day 09: Cheram-Acclimatization and Rest day

We spend a day in Cheram which will help us acclimatize to the high altitude. We can spend the rest of the day resting and taking part in small hikes. We can explore the areas around the Yalung Glacier. There is also a viewpoint for Kabaru and Rathong peaks. Overnight in Cheram.

Day 10: Cheram to Ramchaur (Ramche) (4,580m/15,026ft)

We begin our short trek after breakfast. From Cheram, we ascend for sometime before reaching the snout of the Yalung Glacier. It is a beautiful walk on a valley trail. We also cherish the views of several Himalayan peaks. We pass through a small settlement of Lapsang before reaching Ramche. Overnight in Ramche.

Day 11: Ramchaur (Ramche) to Yalung Base Camp (4500m), back to Cheram

From Ramche, we walk further up the valley. We then follow a stream before climbing on the moraine top until confronted by Kanchenjunga's southern face. We walk further ahead for a glimpse of the Jannu Himal. We continue our trek further towards the Oktang Monastery. From here, we climb further up and reach the Yalung Base Camp. The views from the base camp are extraordinary. Kumbakarna (Jannu), Nyukla Lachung and other Himalayan peaks are close by. We descend and spend the night at Cheram.

Day 12: Cheram to Sele La (4290m/ 14,074ft)

We begin our trek after breakfast. We cross four passes today beginning with Sinelapche Bhanjyang. After crossing the pass we continue to Mirgin La pass. We continue trekking and reach the Sinion La pass which is not very far. From here, we ascend to Sele La pass. There are prayer flags strung across one of the steeper sections of the trail which is very near to the Sele La pass. We cross the pass. Overnight in Sele La.

Day 13: Sele La to Ghunsa (3,595/11,794)

We begin our trek after breakfast. We walk towards the north with Tangbgharma Danda nearby. We reach a Chorten marked by prayer flags which marks the start of a steep trail. We descend through rhododendron, birch and pine forests before reaching Ghunsa. It is a beautiful village of houses with dark and weathered pine walls and Buddhist prayer flags. Overnight in Ghunsa.

Day 14: Ghunsa to Kambachen (4,050m/13,287ft)

From Ghunsa, we trek further north along the river bank which presents us with magnificent mountain scenery. We pass through meadows filled with beautiful wildflowers, then cross rhododendron and pine forests. We cross a bridge at Rampuk Kharka, continue past a waterfall and cross the tricky section of a landslide. Further exploring and tackling the tricky mountain trail we finally arrive at Kambachen and spend the night.

Day 15: Kambachen to Lhonak (4,780m/15,682ft)

Today will be another challenging day and an early start is needed. We trek through rocky fields and large boulders on the hillside along the riverbank and arrive at a waterfall. We then cross a bridge to Ramtang monastery. We then come across a landslide section which we must pass through at a steady pace before descending to the river and finally arriving at Lhonak. Overnight in Lhonak.

Day 16: Kanchenjunga BC, overnight at Pangpema (5,143/16,873ft)

From Lhonak, we trek towards the Kanchenjunga Base Camp. Our trail is alongside the gigantic Kanchenjunga Glacier. After passing Pangpema we descend towards the Kanchenjunga Base Camp. The views from the Kanchenjunga base camp is extraordinary. Mount Kanchenjunga, Jannu Himal and other Himalayan peaks are ours to admire. We descend back to Pangpema to spend the night.

Day 17: Pangpema to Lhonak village

From Pangpema we trace back our steps to Lhonak. Overnight in Lhonak villaage.

Day 18: Lhonak to Ghunsa (3475m/11,400ft)

From Lhonak, we descend all the way to Ghunsa via Kambache. It is the same route we took when we were climbing up.

Day 19: Ghunsa to Amjilosa (2,308m/7,572ft)

From Ghunsa, we descend towards Phale. We pass through several Manes and a monastery nearby. We walk through Juniper forests and reach Phale. From here, it is a steady descent to Gyabla. We cross a bridge over Chhundatangka Khola to reach Gyabla. As we continue our trek, we see a waterfall nearby. We also cross a suspension bridge over Sumbung Khola before reaching Amjilosa. Overnight in Amjilosa.

Day 20: Amjilosa to Chirwa (1,270m/4,166ft)

After walking for a while we see a beautiful waterfall nearby. We continue our trek and pass a small settlement of Solima before crossing a suspension bridge over Ghunsa Khola. We cross another suspension bridge over Ghunsa Khola and reach Sukathum. Our trail passes through several villages and is beside Thunsa Khola at first followed by Tamor river before reaching Chirwa. Overnight in Chirwa.

Day 21: Chirwa to Phurumbu (1,549/5,082ft)

We notice that the settlement starts to get thicker as we are descending. Our trail is alongside lush vegetation. We pass through several villages before reaching Sinwa. From here we continue our descent and cross a bridge over the Sisne Khola. Now we are in the Pathibhara Trek trail. We pass through another village and cross another suspension bridge this time over the Yaphre Khola to reach Phurumbu. Overnight in Village.

Day 22: Phurumbu to Suketar

Our Kanchenjunga Circuit Trek ends today. We can take a much needed break after reaching Suketar. We continue our walk on the Pathibhara Trek trail.

Day 23: Fly back to Kathmandu

We can spend the whole day taking rest, packing and souvenir shopping for loved ones. We can even visit anywhere we like in Kathmandu. There will be a farewell dinner hosted by our company in the evening to celebrate the successful completion of our **Kanchenjunga Trek**. Overnight in a hotel in Kathmandu.

Day 24: Final departure day



Himalayan Holyland Treks & Expedition Pvt. Ltd.

Kaldhara Marga, Thamel, Kathmandu, Nepal

www.himalayanholylandtreks.com

We check our belongings one more time before leaving for the airport. Our "Himalayan Holyland"; representative will pick up from the hotel and drop off at the airport three hours before the scheduled flight.



Cost Includes

- => Airport pickup and drop in a private vehicle.
- => Hotel accommodation in B/B basis.
- => Tea house accommodation during the trek.
- => Three times meal in the trek.
- => Hot soup with dinner in the high places.
- => Farewell dinner in Kathmandu.
- => All the transportation as per the itinerary.
- => A professional guide for trek and sightseeing.
- => Porter service(2 trekkers : 1 porter).
- => Insurance for guide and porters.
- => Food and accommodation for guide and porters.
- => All necessary documents(Permits and TIMS).
- => All government and local taxes.
- => Medical kit.
- => Trekking map as itinerary
- => T-shirt from the company.
- => Trip completion certificate.

Cost Excludes

- => Visa for Nepal.
- => International flight to and from Kathmandu.
- => Lunch and dinner in Kathmandu.
- => Travel and rescue insurance of clients.
- => Personal expenses: Hot shower, battery charge, bar bills, laundry, Mineral water.
- => Extra night accommodation in Kathmandu and Other destination in exception of itinerary.
- => Tips for guide, driver and porters.