

Himalayan Holyland Treks & Expedition Pvt. Ltd.

Kaldhara Marga, Thamel, Kathmandu, Nepal

www.himalayanholylandtreks.com

Kathmandu-Lhasa Tour Via Everest Base Camp-9 Days

Duration: 9 Days



Overview

Trip Grade: Moderate	Max Altitude: 5250 M
Activity: Natural and cultural sightseeing	Group Size: Min 02 Pax
Arrival On: Kathmandu, Nepal	Departure From: Kathmandu, Nepal
Meals: All meals during trek & breakfast in kathmandu	Accommodation: Stone Built Houses (tea houses) during trek

Kathmandu-Lhasa tour via Mt. Everest Base Camp is an adventurous and memorable journey into Tibet that will let you enjoy the exploration of some of the most beautiful Himalayan cities and visualization of mighty Mt. Everest (8848m), the roof of the world. You all enjoying the scenery of mighty Everest from the lap of Himalayas and exploring classic cultural and mysterious cities flourished with ancient monasteries and much more are the major attractions of this journey. In Lhasa visit some of the famous sites such as are Potala Palace, Sera Monastery, Drepung Monastery, Jokhang Temple and Norbulingka Palace, Summer Palace of Dalai Lama. This trip starts upon your arrival at Lhasa (3650m). Observe this kingdom of heaven and its unseen beauty and then ride upwards towards the Himalayas passing high passes, mystical Lakes, isolated desert wilderness, Snow Covered landscape and various ancient and historic monasteries around. Commence this exotic trip and enjoy the lifetime exploration of natural and cultural places. Himalayan Holyland Treks & mp; Expedition hurry to welcome in this prominent place for your memorable trip until lifetime.



Himalayan Holyland Treks & Expedition Pvt. Ltd.

Kaldhara Marga, Thamel, Kathmandu, Nepal

www.himalayanholylandtreks.com

Itinerary
Day 01:-
Today early morning drive for 5-6hours from Kathmandu all the way to Nayalam (3,800m). Overnight at hotel.
Day 2:-
Today we ride 150km for 3-4hours from Nayalam all the way to Lotingri (4,050m). Overnight at hotel.
Day 3:-
Today we ride 270km for 9-10hours from Lotingri to Shegar (4,150m) via Everest Base Camp (5,250m). Overnight at hotel.
Day 4:-
Today we ride 300km for 5-6hours from Shegar to Shigatse (3,900m) via Sakya Monastery. Overnight at hotel.
Day 5:-
Today we ride 95km for 2-3hours from Shigatse to Gyantse (3,950m) via Shalu Monastery. Overnight at hotel.
TREKS & EXPEDITION (P.) LTD.
Today we ride 200km for 4-5hours from Gyantse to Lhasa (3,650 m) via Karo La pass and Yamdrok Tso Lake. Overnight at hotel.
Day 7:-
Full day sightseeing around Lhasa city. Visit famous Potala Palace, Norbulingka Palace and Tibet Museum. Overnight at hotel.
Day 8:-
Full day sightseeing around Lhasa city. Visit famous Sera Monastery, Drepung Monastery, Jokhang Temple and Barkhor Bazaar. Overnight at hotel.
Day 9:-
Departure Day. Farewell from Himalayan Holyland Treks and Expedition and say see you soon in next trip.



Himalayan Holyland Treks & Expedition Pvt. Ltd.

Kaldhara Marga, Thamel, Kathmandu, Nepal

www.himalayanholylandtreks.com

Cost Includes

- => Tibet Visa Fees.
- => Airport Pickup/ drop services.
- => Hotel Accommodation on twin sharing basis with B/B plan.
- => Daily morning Breakfast.
- => Private Transportation by jeep/van.
- => Necessary Tibet Travel Permits.
- => Sightseeing and Entrance fees as per the itinerary.
- => English speaking experienced Tibetan guide.
- => All the Government and local taxes.
- => T-Shirt from company.
- => Trip maps.

Cost Excludes

- => All international flight cost.
- => Insurance of any kind.
- => Personal expenses like beverage, mineral water.
- => Tips for guide and porter.

TREKS & EXPEDITION (P.) LTD