

## Panch Pokhari Trek

Duration: 14 Days



### Overview

<b>Trip Grade: Moderate</b>	<b>Max Altitude: 4100m.</b>
<b>Activity: Trekking</b>	<b>Group Size: 1-12 People</b>
<b>Arrival On: Kathmandu, Nepal</b>	<b>Departure From: Kathmandu, Nepal</b>
<b>Meals: All meals during trek &amp; breakfast in kathmandu</b>	<b>Accommodation: Stone Built Houses (tea houses) during trek</b>

“Life is either a daring adventure or nothing.” Taking you far away from the mediocre livelihood of Kathmandu valley to the stunning glacier lakes, trekkers get to visit some of the most isolated trekking destination of Nepal on our **Panch Pokhari Trek**. Spectacular mountain views alongside historically ancient cultures and traditions are some of the major highlights of this trek. Additionally, trekkers can also witness a unique diversity of wild plants and animals found nowhere else in the world. Our 14-day **Panch Pokhari Trek** initially is scheduled, to begin with, a bus drive to the beautiful Chautara village which lies just 5 hours away from the capital city of Kathmandu. Even though our trek starts in a very low region, we will gradually make our way up to reach the maximum height above 4,000 meters. Located in a very beautiful location is the serene lake of Panch Pokhari, where five incredibly beautiful lakes create a very otherworldly environment for trekkers who make an attempt to visit it. Terraced farmlands can be seen in various hill areas or even across your trek trails as the people living here tend to depend largely upon agriculture for their means of survival and support for their families. Particularly this region has been able to escape the encroachments of modern development due to which it’s been able to maintain the safety of its environments. Nature enthusiasts can even fall in love with this region pristine preserved natural beauty. Delightful walking trails covered all over with rhododendron forests and local villages remain clustered inside this beautiful region. Furthermore, you can learn about the nomadic peoples of this region and discover the true essence of living with the indigenous community for a couple of days. Last, of all, trekkers can visit several historical landmarks, caves, and villages before ending their trek. A beautiful assortment of Langtang Himalayan Range and Jugal Himalayan Range alongside Mt. Phurbi Chyaachu, Mt. Dorje Lakpa are some of the sights that shouldn’t be missed. This trek can be done throughout the year and anyone with proper health conditions can join in on this trek. Contact, **Himalayan Holyland Treks and**

**Expedition** today and be a part of this extravagant trek to Panch Pokhari with our expert professional trekking staffs.



## Itinerary

### Day 01: Arrive at Tribhuvan International Airport (TIA) Kathmandu(1350m)

You are welcomed by our team staff members and then transferred to the booked hotel. After a short refreshment break, our representative will briefly explain the program. Overnight at hotel at B/B basis program.

### Day 02: Kathmandu to Chautara [1450m]

This morning we have a beautiful 5 hour drive to the little village of Chautara. While small, Chautara is the head quarter of Sindupalchok district and we will camp here tonight, ready to commence walking tomorrow. From our camp site you can relax and enjoy the stunning mountain views, or if you like to explore, you can gain some insight into the culture and daily life of the village.

### Day 03: Trek to Sano Okhareni [1965m]

Today we have about 5 hours of gradual uphill walking to reach Sano Okhareni. Our path passes through small villages where we can see how the diverse ethnic groups live side by side. We camp at Sano Okhareni near a pine forest and with great views to the mountains.

### Day 04: Trek to Kami Kharka [2810m]

This morning we can start gently with about 1 hour of gradual uphill walking to Thulo Okhareni. From here we get into the steeper climb with about 4 hours of walking through stunning, dense Rhododendron and pine forest. If we are lucky and observant, we might spot some wild animals such as mountain deer or langur monkeys and Nepali bird life like the Danfe. Tonight we camp on a summer pasture ground for nomadic cattle herders (kharka).

### Day 05: Trek to Pauwa Bas [3000m]

Today's walk is nice and gentle, being fairly level (Nepali flat) and we can enjoy our forest trails and wildlife spotting. We have about 5 to 6 hours through the lush forest of rhododendron, oak, pine and juniper and we can see some nomads' houses for cattle on the way. In Pauwa Bas there is a shelter for pilgrims to Panch Pokhari.

### Day 06: Trek to Hille Bhanjyang [3400m]

This morning we have a steep uphill stretch for about 3 hours, taking our time. We get our breath back on the steep downhill though as we descend for 1 ½ hours through the forest. We have some great mountain views on our way down into our camp at Hille Bhanjyang.

### Day 07: Trek to Narsim Pati [3700m]

Today we only have about 4 hours of walking. So we take it easy on the steep uphill section to start the day, taking about an hour. Then we enjoy the gradual descent of about 3 hours through rocky hills and rhododendron forest into camp at Narsim Pati. There is a small rest house for pilgrims on their way to the holy site of Panch Pokhari and we have great mountain views from our campsite.

### Day 08: Trek to Panch Pokhari [4100m]

Today we arrive! We have about 3 hours of gradual ascent through rocky hills to reach our destination of Panch Pokhari (panch

means "five" and pokhari means "lake". This stunning setting is a secluded pilgrimage site where the Janaipurnima festival is held in August. Many Hindu and Buddhist pilgrims visit this site each year and we can see two pilgrim houses and the temple dedicated to Lord Shiva.

## **Day 09: Trek to Panch Pokhari top, trek to Tupi Danda [2320m]**

This morning we have an early start to catch a stunning sunrise over the mountains! We have about 1 ½ hours uphill to see the beautiful sight of the sun rising over the Himalayas and our panoramic view includes Mt. Dorje Lakpa, Jugal Himal Range, Rolwaling Range and Langtang Range. After this incredible start to the morning time, we head back down to Panch Pokhari to pack up and start heading for home. We have about six hours down some steep trails through the rhododendron forest to Tupi Danda (danda means "ridge") and our camp.

## **Day 10: Trek to Dhap [1200m]**

Today we have about 5 hours of walking, 2 of which are quite steep downhill and the rest is quite level as we make our way through terraced fields to the beautiful village of Dhap. Dhap is home to Tamang families and it gives us a great chance to gain some insight into the lives, culture and traditional architecture of Tamang villages.

## **Day 11: Rest day and explore the culture**

Rest day and explore the local villages and surroundings.

## **Day 12: Trek to Melamchi [800m]**

Today we have about 6 hours of walking. We walk down through terraced fields, along the Indrawati River. We pass through stunning villages and also see a hydro electricity project on the way to Tipini and our re-introduction to a road! Melamchi Pul Bazaar which lies at the bank of Melamchi Khola (stream) and Indrawati River is comparatively a big town for this area. There are some lodges, tea shops, government offices, schools, colleges, post office and army police camp. We will camp by the riverside and if you like you can refresh yourself with a dip in the river!

## **Day 13: Melamchi to Kathmandu**

The jeep will pick us up at Melamchi pool and then in the evening we will enjoy the traditional Nepali dinner.

## **Day 14: Final departure day**

Departure to your onward destination or another trip or back to your own country. Say good bye see you soon in another trip.

## Cost Includes

- => Airport pickup and drop in a private vehicle
- => Hotel accommodation in Kathmandu with B/B basis
- => Tea house accommodation during the trek
- => Three times meal in the trek
- => Hot soup with dinner in the high places
- => Farewell dinner in Kathmandu
- => All the transportation as per the itinerary
- => A professional trek guide for trek and Tour guide sightseeing
- => Porter service(2 trekkers : 1 porter)
- => Insurance for guide and porters
- => Food and accommodation for guide and porters
- => All necessary documents(Permits and TIMS)
- => All government and local taxes
- => Medical kit
- => Trekking map
- => Trekking map as itinerary
- => T-shirt from the company
- => Trip completion certificate

## Cost Excludes

- => Visa for Nepal
- => International flight to and from Kathmandu
- => Lunch and dinner
- => Travel and rescue insurance of clients
- => Personal expenses: Hot shower, battery charge, bar bills & laundry
- => Extra night accommodation in Kathmandu and Other destination in exception of itinerary
- => Tips for guide and porters