

Himalayan Holyland Treks & Expedition Pvt. Ltd.

Kaldhara Marga, Thamel, Kathmandu, Nepal

www.himalayanholylandtreks.com

Panchase Trek Duration: 9 Days



Overview

Trip Grade: Easy	Max Altitude: 1,940m
Activity: Trekking	Group Size: Min 02 pax
Arrival On: Kathmandu, Nepal	Departure From: Kathmandu, Nepal
Meals: All meals during trek & breakfast in kathmandu	Accommodation: Stone Built Houses (tea houses) during trek

Panchase Trek is the combination of a splendid variety of natural beauty as well as mountain views. It provides you with long arrays of snow-capped peaks, crystal clear lakes, turbulent rivers with deep gorges, Tibetan monasteries, hot-springs, and picturesque villages. Being a popular route, Panchase Trek is less visited by tourists. It offers the true pictures of culture & lifestyle 0f the people along the spectacular views of eight-thousandths like Mt. Annapurna, <u>Manaslu</u> and Dhaulagiri. This trip starts from the lakeside of Pokhara valley and takes you to the largest Gurung village of Nepal, Ghandruk village. In this whole trip, you will get lot chance to explore the cultural aspects of the people along with the panorama of the mountains. It is an ideal trip for those who have a short time and like to combine cultural sites as well as mountain sites.

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Itinerary

Day 01: Drive from Kathmandu to Pokhara

Day 01: Drive from Kathmandu to Pokhara about 7 hours by tourist bus and transfer to the Hotel at lakeside. On the way, we drive along the river and other beautiful landscapes.

Day 02: Pokhara to Bhumdi (1520m)

After breakfast, we start the trek from Pokhara to Bhumdi (1520m)-walk about 5 hours.

Day 03: Bhumdi to Panchase Bhanjyang

Day 03: Trek from Bhumdi to Panchase Bhanjyang-walk for about 5 hours.

Day 04: Panchase Bhanjyang to Chitre

Trek from Panchase Bhanjyang to Chitre-walk about 5.5 hours.

Day 05: Chitre to Birethanti (1025m)

Trek from Chitre to Birethanti (1025m)-walk about 6 hours.

Day 06: Birethanti to Ghandruk (1940m)

Trek from Birethanti to Ghandruk (1940m)-walk about 5 hours.

Day 07: Ghandruk to Pothana (1900m)

Trek from Ghandruk to Pothana (1900m)-walk about 5/6 hours.

Day 08: Pothana to Phedi and drive to Pokhara (820m)

Trek from Pothana to Dhampus Phedi about 3 hours and drive to Pokhara (820m) about an hour by private vehicle.

Day 09: Drive back Pokhara to Kathmandu

Drive back from Pokhara to Kathmandu by tourist bus-about 7 hours and farewell dinner in the evening.



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Cost Includes

- => Airport pickup and drop in a private vehicle
- => Hotel accommodation in Kathmandu and Pokhara in B/B basis
- => Tea house accommodation during the trek
- => Three times meal in the trek
- => Hot soup in the high places
- => Farewell dinner in Kathmandu
- => All the transportation as per the itinerary
- => A professional guide for trek and sightseeing
- => Porter service(2 trekkers: 1 porter)
- => Insurance for guide and porters
- => Food and accommodation for guide and porters
- => All necessary documents(Permits and TIMS)
- => All government and local taxes
- => Medical kit
- => Trip completion certificate

=> T-shirt from the company

=> Trekking map as itinerary and

Cost Excludes

- => Visa for Nepal.
- => International flight to and from Kathmandu
- => Lunch and dinner in Kathmandu and Pokhara
- => Travel and rescue insurance of clients
- => Personal expenses: shower, battery charge, bar bills, cold drinks, laundry
- => Extra night accommodation in Kathmandu and Pokhara in exception of the itinerary
- => Tips for guide and porters